**Mood Meter Song**

*Yale University*

CHORUS:

I’m always feeling something. So are you.

Every feeling has a color.

Yellow, red, green, or blue.

I use the Mood Meter ‘cause I know how.

What color am I in right now?

I’m smiling. I’m laughing.

I feel like sharing with my friends.

I’m a different gal or fellow.

Oh yes, I’m in the yellow.

My fists are clenched. I’m yelling loudly.

I’m furling up my brow.

I’m worried and irritated.

That’s right, I’m in the red.

My shoulders are slumped. My face makes a frown.

I feel melancholy and down.

I feel like I need to play with you.

Oh I guess, I’m in the blue.

Now I’m calm. My body’s at ease.

Everything feels alright to me.

I feel peaceful and serene.

Alright, I’m in the green.